

What is violence?

Violence can include

- hitting or bashing
- name calling
- threats to hurt you or to send you away
- demanding money
- unwanted sexual demands
- stopping you from going out or seeing friends and family
- following you, stalking you

Stay safe

If you feel unsafe...

Talk to someone you can trust or who can help:

- family, friends, neighbours
- a community worker
- a counsellor
- join a support group

Contact the police and ask for help

Contact a Community Legal Centre and get some free legal advice

Take out an AVO (Apprehended Violence Order) - even if you want to keep living with the person

Financial assistance for this project provided by the New South Wales Government from the Casino Benefit Fund

Where to go for assistance

If you need an interpreter contact TIS on 131450 and ask to be connected to any services below

Emergency Help

Police, ambulance, fire	000
Domestic Violence Line	1800 656 463
Lifeline	131114

Legal Help

Chamber Registrar	
Wollongong	4223 3610
Port Kembla	4274 0735
Albion Park	4256 2160
Nowra	4221 2277

Domestic Violence Court Support Scheme	4228 1499
Illawarra Legal Centre	4276 1939
Aboriginal Legal Service	4225 7977

Contact the Domestic Violence Liaison Officers via your local police

Other Support Services

Wollongong Women's Centre AVO Case Worker	4228 1499
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Contacts in your area

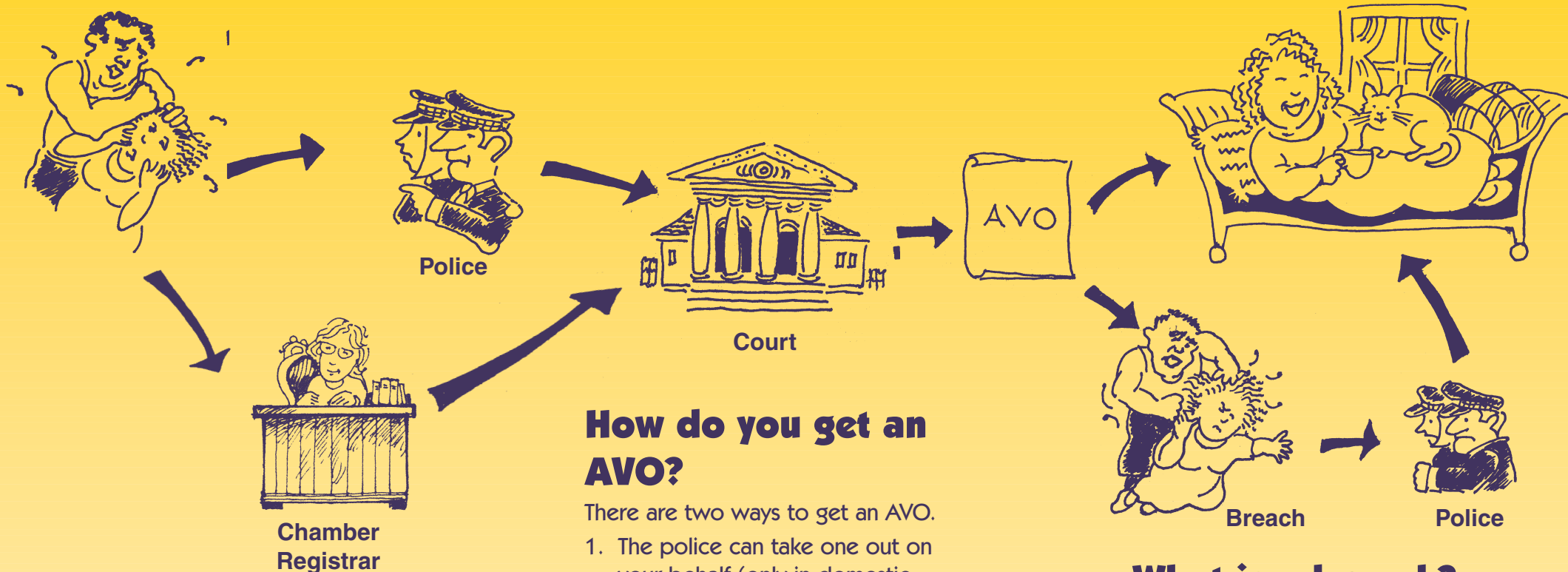
www.illawarralegalcentre.org.au

Are you an older woman?

Do you feel safe at home?



There are legal steps you can take . . .



What is an AVO? (Apprehended Violence Order)

An AVO is a court order that tells the violent person not to do certain things that cause you to fear for your safety. Among many things, the AVO can tell the violent person

- not to come to your home (even if the violent person owns or rents it with you)
- not to hurt or intimidate you while you stay living together.

How do you get an AVO?

There are two ways to get an AVO.

1. The police can take one out on your behalf (only in domestic situations).
2. You can go to the Chamber Registrar at the Local Court and take out an AVO yourself.

In serious situations you or the police can request an urgent or immediate Interim Order, even outside business hours.

You must go to Court on the date set to get the AVO.

When you go to the Chamber Registrar and to Court you can

- take someone with you for support
- ask for an interpreter

What is a breach?

If the violent person breaks one of the orders on the AVO this is called a breach.

Write down the date and what happened.

Tell the police as soon as possible. If there is enough evidence the police can arrest and charge the violent person.

If you have difficulty getting the police to take action, contact the Police Domestic Violence Liaison Officer or a Community Legal Centre for advice.

If you have any questions contact the Illawarra Legal Centre on 42761939 for advice

www.illawarralegalcentre.org.au